

TRAILBLASTER ROUTE DESCRIPTION.

The 5k route is exclusive to Trailblaster. It provides a safe, fast and yet challenging route with varied terrain to keep it interesting. There are grassy tracks, pretty woodlands, manicured park lawns and paths and even a river. There are friendly marshals at key points around the course to cheer you on and look after your safety, and the route is well marked and easy to follow. Let's just say you won't be disappointed!

1. Starting from the outer area of the race village, the route heads out of the farmer's field along the public footpath trail leading onto the park trail.
2. It takes a left hand turn up the track for a very slight incline.
3. After turning right along the path you then exit the path at the wall entrance using our robust ramp.
4. You then follow the woodland trail round the signed circuit. Then head out of the wood over the grass area parallel to the road.
5. Cross over the parks central path and head downhill right into the corner section towards the shelter.
6. It then runs parallel to the "access only path" until it re-crosses the central path and heads up towards the small footbridge.
7. You then double back on your route on the other side of the bridge. Once you hit the access road path you cross it and continue running on the grass parallel to the new park path.
8. You will then be redirected onto the park path and cross a small bridge that takes you up into the woods, to short stiff climb.
9. When you reach the next fence you take a right; enjoying the dappled shade and fresh smell of pine.
10. This path then leads you down to the river, here you cross the river using our sturdy bridge and onto the farmer's field.
11. A superb run across the field parallel to the river then takes you into the corner of the field to the public path, where you then complete an "S" shaped loop in the field to the changeover point.

This will make for a great spectacle for all viewers especially as the race develops and there are small margins between the teams and runners.