#### **Prizes**

### Prizes for the top 5 men and women.

# 1st man and women will win a 1-night stay in the Apartments at the Pendle Inn. For any day of their choice.

http://www.pendle-inn.co.uk

#### 2nd and 3rd places man and women

will receive tubs of Serious Stamina energy products and supplements pack provided by <a href="https://www.serioussupplements.co.uk">www.serioussupplements.co.uk</a>

# 4th and 5th man and women

can choose prizes from the extensive prize table.

\*Top 5 runners will also receive a complementary sports massage from GW Fitnessandrehab. To book this please go to the following website <a href="https://sites.google.com/site/gwfitnessandrehab/">https://sites.google.com/site/gwfitnessandrehab/</a> or make GW Fitnessandrehab a friend on Facebook, or simply speak to Gary Wilkinson at the race.

## Women and men's Team prizes

awarded for teams of 3 with the lowest combined times.

#### Standard Age Category Prizes.

Will receive a really nice bottle of wine courtesy of the Pendle Inn.

There will also be several spot prizes.

We love prizes!!!!